

REOXlife
 Mediterranean
GOLD *plus*

formulated with LePheno™



Children loves

Fast Food

☒ Burger ☒ Fried chicken ☒ French fries

&

Snacks

☒ Potato chips ☒ Nuts ☒ Ice cream



Fast food and snacks are similar in a lot of ways: contain high sugar, high salt, high fat, great aroma, great taste, colourful packaging. These are the things that attract children. Fast food restaurants even have kids play area, allowing children to play freely and giving time for parents to hang out with their friends, preventing children whining from boredom. Some snacks are sold by attaching limited edition toys, further boosting children's affection for snacks.



HOW FAST FOOD AND SNACKS AFFECT CHILDREN'S HEALTH

Fast food contains high salt, sugar and fat, it has deep and lasting effects on children's health. Too much fast food consumption directly causes abdominal discomfort and increase chances of obesity. In the long run, children's picky eating habits causes malnutrition. It even increases their chance of getting diabetes during adulthood.

Adults nowadays, has a dietary habit of eating more meat, less vegetables



More Meat

- ✘ Fried chicken
- ✘ Grilled meat (BBQ)
- ✘ Fried meat



Less Vegetables

- ✘ Green vegetables
- ✘ Tomatoes
- ✘ Onions



Adults nowadays consume

In Chinese society, there is a common misconception that - meat is important. In the early days living in poverty, meat becomes a precious food among the community. Children who did not take meat growing up are thin and weak. That is why we have this concept that eating meat is healthier. Then people start to develop eating habits of having more meat and less vegetables. Especially in this modern society, there are many restaurants sells grilled meat that is too delicious to refuse. They provide delicious food and even great space for people to gather.

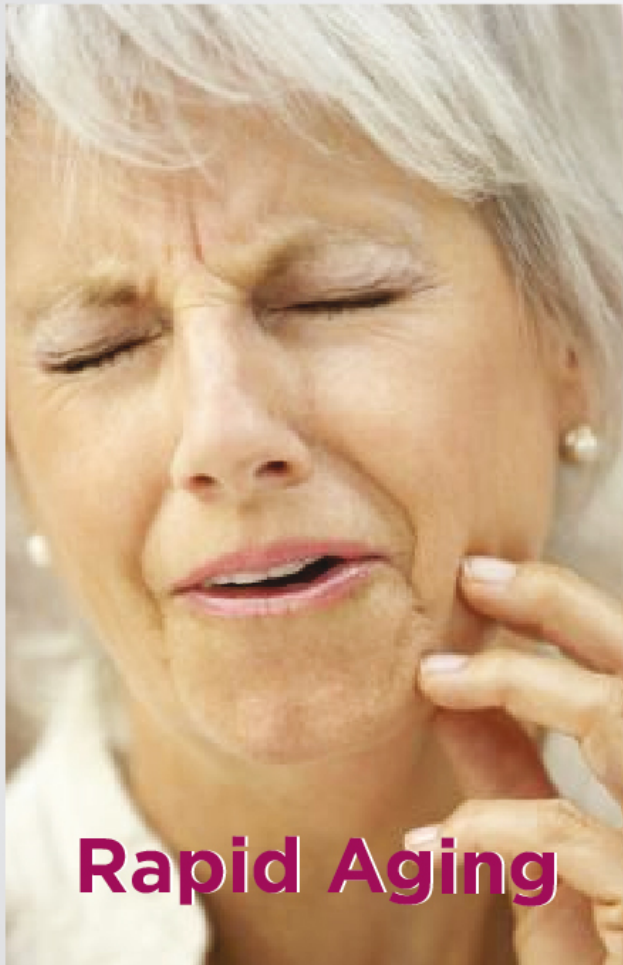
HEALTH EFFECTS OF PROLONG MEAT CONSUMPTION

Prolong eating habits of more meat and less vegetables increases chances of constipation. Consuming too much animal fat increase cholesterol levels that blocks the arteries, causes arteries to narrow, and increases risks of heart diseases.

Bad dietary habits brings many health consequences, such as high blood lipids, high blood cholesterol, high blood pressure, diabetes, rough skin, poor digestion and constipation. These problems will result in rapid aging.

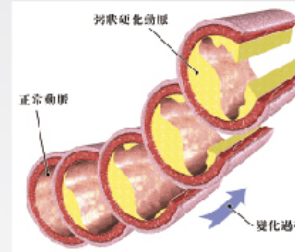
Brings Many Health Consequences

Bad Dietary Habit



Rapid Aging

Such as:



High blood lipids



High blood cholesterol



High blood pressure



Diabetes



Rough skin



Poor digestion



Constipation

CHRONIC DISEASE – BIGGEST PROBLEM FACED BY ADULTS

The urbanisation and industrialisation has brought upon air pollution, stress, bad dietary habits, and causes chronic diseases, such as: insomnia, body aches, heart disease and even cancer. People now are knowledgeable, but knowingly what was right, they still adopt bad eating habits. Your health today, is the result of your eating habits yesterday (in the past).

Mediterranean Gold PLUS is adopted from Mediterranean Diet that are recommended by both WHO and UNESCO. The main purpose is to bring this healthy diet into every family.

In early 1990s, WHO recommended Mediterranean Diet



World Health Organization (WHO)

WHO mission is to advocate and catalyze global and country actions to resolve the human resources for health crisis, to support the achievement of the health-related millennium development goals and health for all. Their vision is to have all people everywhere will have access to a skilled, motivated and supported health worker, within a robust health system.

We adopted from

UNESCO declared Mediterranean diet as Spain, Greece, Italy and Morocco's Intangible Cultural Heritage



UNESCO

UNESCO works to create the conditions for dialogue among civilizations, cultures and peoples, based upon respect for commonly shared values. It is through this dialogue that the world can achieve global visions of sustainable development encompassing observance of human rights, mutual respect and the alleviation of poverty, all of which are at the heart of UNESCO'S mission and activities.



Both Recommended:

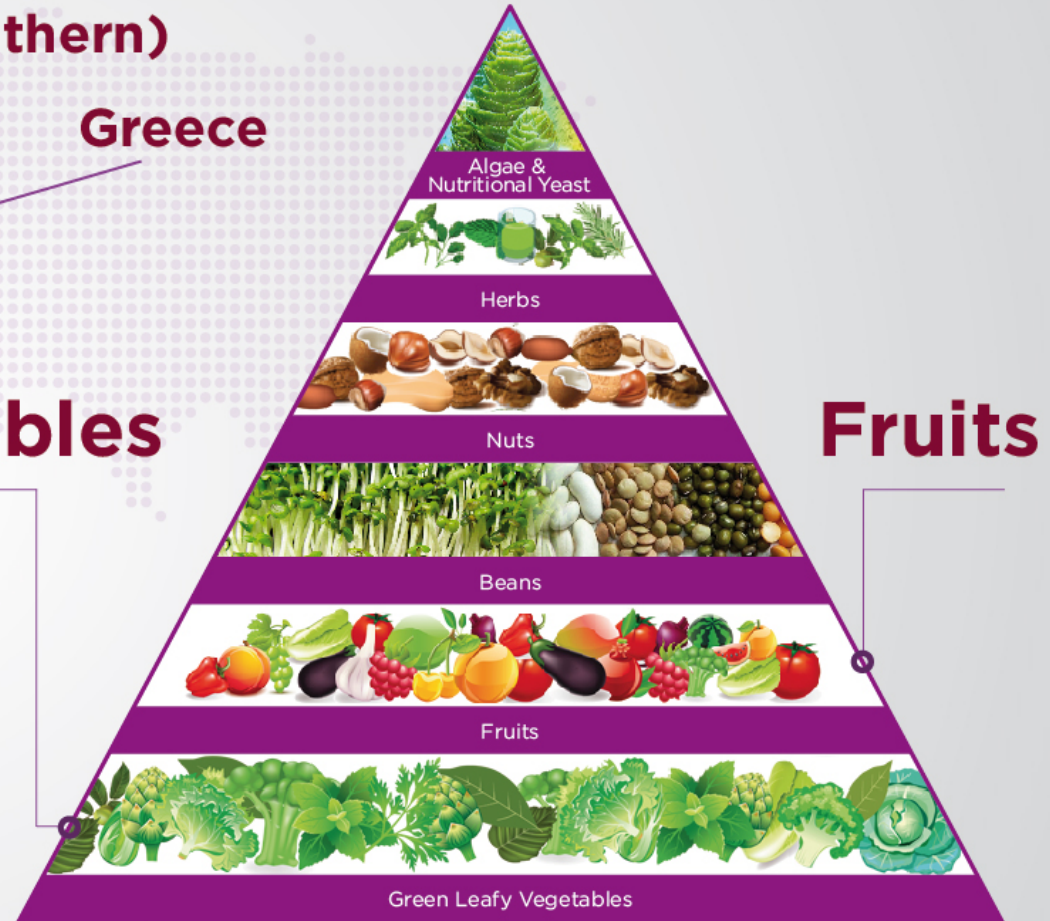


Mediterranean Diet

Mediterranean diet is a healthy diet from Spain, France, Italy and Greece. They use vegetables and fruits as their main source of nutrients. Adopting this diet can prevent many chronic diseases.

Mediterranean Diet

is a traditional diet from Spain, France, Southern Italy, Greece and other countries along the Mediterranean sea. Their diet is mainly composed of fruits and vegetables, fish, whole grains, beans and olive oil. Research has found that Mediterranean diet reduce risks of heart disease, protects the brain, reduce risks of stroke and dementia.



Prevent Chronic Diseases

Healthy diet intake

Based from Mediterranean diet, Mediterranean Gold PLUS is formulated from 11 types of vegetables and 11 types of fruits, helps to promote healthy diet and reduce risks of diseases.

Mediterranean Diet



Onion



Tomato



Apple



Cherry



Asparagus



Olive



Cabbage



Grapefruit



Orange



Strawberry



Garlic



Broccoli



Green Tea Extract



Apricots



Papaya



Pineapple



Carrot



Cucumber



Wheat Germ



Blackberry



Red Grapes/
White Grapes

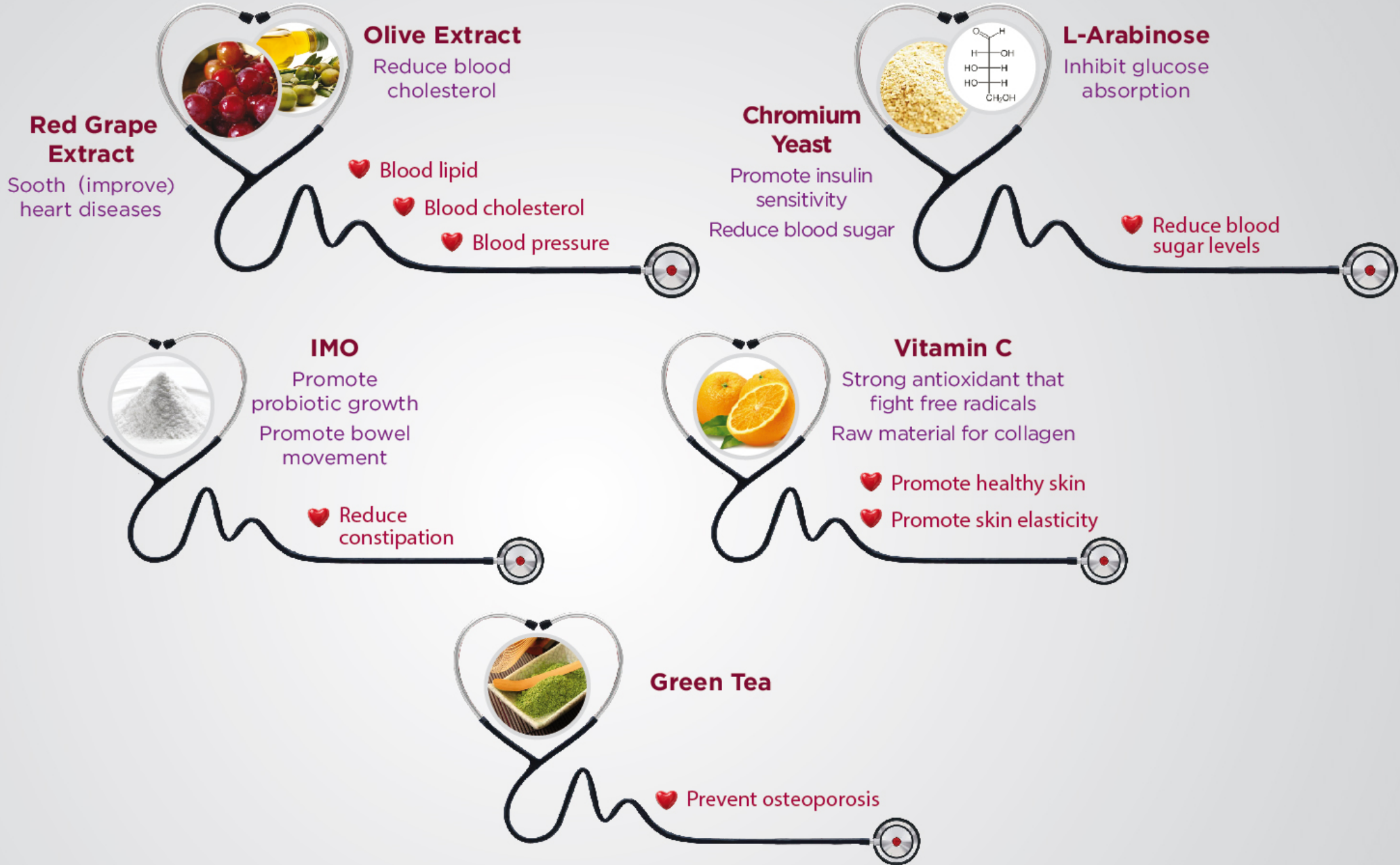


Black Currant

11 Types of Vegetables

11 Types of Fruits

There are other valuable ingredients that can improve chronic diseases, such as red grape extract and olive extract, together they can improve blood lipid, blood cholesterol and blood pressure. There's also chromium yeast and L-arabinose, effective in reducing blood sugar levels. IMO promote bowel movement, improve constipation. While green tea helps to prevent osteoporosis. Most importantly, it contains Vitamin C, that can promote building of collagen, promote skin elasticity and healthy skin.



LePheno™



Grapefruit



Red Grapes/White Grapes



Green Tea Extract



Guarana



Black Carrot

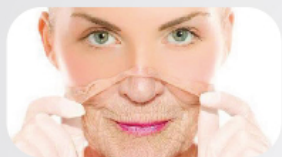


Vitamin B3

Furthermore, Mediterranean Gold PLUS contains a breakthrough formulation that is exclusively owned by Return Legacy - LePheno™. It can enhance self-production of SOD, effectively delay the process of ageing and assist liver detoxification. LePheno™ can burn extra calories and fats, assist weight management, improve energy levels and vitality and improve skin quality.

Breakthrough Formulation LePheno™

1 Enhance Self-production of SOD



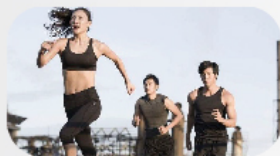
Delay ageing



Strengthen immune system



Reduce oxidative stress caused by free radicals



Improve metabolic rate



Assist liver detoxification

2 Weight Management



Inhibit digestive enzyme and limit calorie absorption towards carbohydrates and fats.



Toning body by reducing waist and hip circumference

3 Increase Energy Level and Vitality



Break down accumulated fats which in turn converts to energy



Enhance body physically

4 Skin health and aesthetics



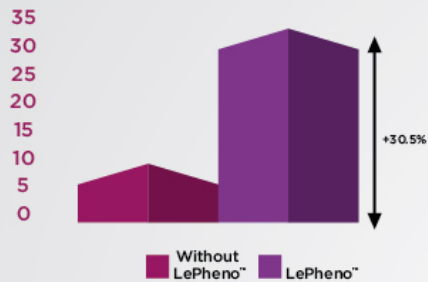
Reduce cellulite



Increase skin firmness

Results after consuming 12 weeks LePheno™

Improve SOD levels



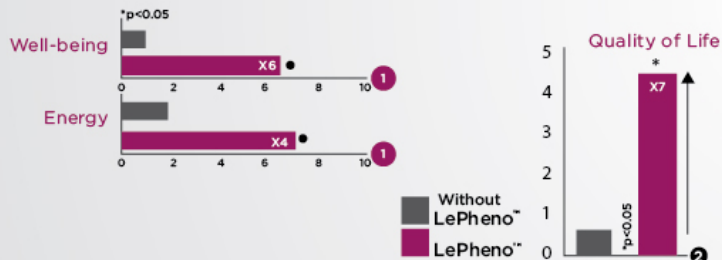
Reduce abdominal fat



Reduce waist and thigh circumference



Improve energy and vitality



92% were satisfied with the beneficial effect in their cellulite



73% were satisfied with the beneficial effect on their skin firmness



*Results may differ due to different health status and lifestyle.

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Return Legacy's
Best-Selling
Health Supplement

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